

A-Z Guide for Recycling & Waste at 50 First Avenue



To use this guide: Find your item in this A-Z list & use its action number to see what to do with your waste.

Remember: Always recycle what you can in the Recycling and Containers for Change bins.

Your waste doesn't need to be wasted! And please use the correct bins for all your waste as contamination in the recycling bins means they need to go to landfill.

Waste type	Action
Aerosol cans	3
Aluminium foil	3
Batteries	4
BioPak, cardboard type products	5
BioPak, plastic type products	5
Bones (e.g. chicken, fish, etc.)	5
Bubble wrap	5
Cardboard box (<30cm)	3
Cardboard food packaging (e.g. cereal box)	3
Cardboard, waxed	5
Chopsticks (wooden)	5
Chux wipes	5
Coffee cups & lids (Non-compostable)	5
Coffee cups & lids (Compostable)	5
Coffee grounds	2
Coffee pods	5
Cordial & juice concentrate	3
Computer equipment	4
Cooking oil tins	5
Crockery (e.g. drinking glasses / plates)	5
Envelopes (with or without plastic window)	3
Foil lined paper bag (e.g. kebab wrapper)	5
Food waste (InSinkErator) Fruit & veg scraps, coffee grounds, meat, dairy, pasta, rice.	2
Food waste (General Waste) Bones, oyster shells, fruit seeds, egg shells.	5
Gas cylinders (e.g. CO2 for carbonated water)	6
Glass jars (non CFC)	3
Glossy paper (e.g. Brochures, flyers etc.)	3
Light bulbs (non CFL)	4
Liquids	6

Waste type	Action
Metal lids (e.g. jar lids, beer/wine/oil bottle caps)	5
Milk (plain)	3
Notebooks (no metallic spiral)	3
Office paper	3
Oil	6
Packing foam	5
Packing strap, plastic	5
Paper bags	3
Paper serviette	5
Paper towel	5
Pens, markers & highlighters	5
Pill / Tablet Blister Pack	5
Pizza box	3
Plastic cutlery	5
Plastic, codes 1, 2, 3, 4 & 5	3
Plastic, codes 6 & 7	5
Plastic, Hard (e.g. biscuit tray, detergent bottle, punnets, etc.)	3
Plastic, Soft (e.g. Plastic bag, chip packet, etc.)	5
Polystyrene	5
Pringles tubes	5
Printer cartridges	6
Printer paper ream wrappers	3
Ring binders / folder	5
Rubber bands	5
Shredded paper	3
Shrink wrap food (e.g. Glad wrap)	5
Shrink wrap Large volume from packaging	5
Soy sauce (i.e. Small 'fish' shaped containers)	5
Steel cans (e.g. tinned tuna)	3
Straws (paper & plastic)	5

Waste type	Action
Takeaway boxes (foam)	5
Takeaway boxes (Plastic/foil/cardboard)	3
Tea bags	5
Tissues	5
Toothpaste tubes	5
Tupperware containers	5
Wooden cutlery	5
Wooden milk stirrers	5
Wrapping paper	3

Containers for Change	
Aluminium cans	1
Fruit drinks (<3L)	1
Juice (<1L)	1
Milk (flavoured) (<1L)	1
Soft drinks (<3L)	1
Sports drinks	1
Tetra Pak containers (<1L) (excluding milk)	1
Water (<3L)	1
Alcoholic mix	1
Beer & cider (<3L)	1
Wine & spirits	1

More information can be found on the Containers for Change website.

1	Containers for Change
2	InSinkErator
3	Recycling
4	E-Waste*
5	General Waste
6	Not Accepted*

*For E-Waste and Not Accepted items, please contact your facilities team.